

srI:



srImatE nigamAnta mahAdEsikAya nama:

Holy Names of Hanuman

**** Please pardon any errors or omissions in the translation of this article ****

HanumAn: vAyu-putro mahA-balah |

RAmeshTa phalguna-sakha: pingAksha: amita-vikramah ||

udadhi-kramana: caiva sItAshoka-vinAshanah |

lakshmana-prAna-dAtAscha dasa-grIvasya darpahA ||

dvAdasa etAni nAMAni kapIndrasya mahAtmana: |

svApakAle smaret ya: tu yAdrAkale viSeshata: ||

tasya sarvabhayam nAsti sarvatra vijayI bhavet ||

1. HanumAn

2. AnjanAsunu:

3. Vayu putra:

4. Maha bala:

5. RAmeshTa:

6. Phalguna Sakha:

7. PingAksha:

8. Amita vikrama:

9. Udadhi kramana:

10. SitA shoka vinAsana:

11. Lakshmana prAna dAta

12. DasagrIva darpahA

Veda Dharma Samrakshana Sabha

Whoever contemplates these twelve names of the Greatest of the Monkeys and mahAtma, HanumAn, during sleep time and during travel, will not be beset by any fear whatsoever. He will be successful in all ventures.

With deepest gratitude: irAmapirAnaik karppOm - 5 - Sundaram - Blessed by Srimad ParamahamsetyAti ParavAkkottai Srimad Andavan Sri GopAla desika mahAdesikan.

